

Remembrance Day/Veterans Day

Written by

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In Canada we observe today as Remembrance Day while here in the US it is called Veterans Day. By either name, the day is the same, a day to honour and remember the veterans who valiantly gave their lives in wars to protect the freedom we enjoy here in the western world. My father was a World War 2 veteran and as much as he abhorred violence, he felt compelled to defend his country, England, against the distorted killing machine led by Hitler. Dad saw things no man should and he lost friends at an age when they should have had a long and bright future ahead of them. WW2 changed my father but he never spoke about it. We just understood. Today, I salute those men and women who fought for us and whether I agree with war or not, they deserve my respect and gratitude.

Last night, despite the forecast of rain, we woke up to a dry morning with plenty of sunshine. The temperature was cooler than it has been, 14C and windier but over the course of the day it warmed up to 23C. I decided to attend the digital photography class offered on Friday mornings and though our instructor is an excellent photographer, his computer knowledge was very limited. By the end of the class I was answering many of the questions presented by the other "students" and before I knew it, I had been recruited to teach the class next week and for the next few months. I am far from an expert but I am more than willing to share what knowledge I have with others so I am looking forward to it. I am hoping that it will be a win-win situation for everyone with all of us learning from each other.

Tonight we joined four other couples for a buffet dinner at the Fantasy Casino in Indio, near here. The food was delicious and abundant...in fact too abundant. Including tonight's meal, this is the fourth buffet meal we have had in two weeks and it was about three buffets too many for me. I admit it; I am weak when it comes to unlimited food with too many choices, have zero will power and I over-ate as usual, especially in the dessert department. That's it...no more buffets for this girl for a very long time or pretty soon I will be needing a lot more than a thirty minute workout each morning.